

# Work and energy in humans

R. Torres  
2025 W38<sup>1</sup>

---

<sup>1</sup>Phys 20.01 Mod 3. All figures are from Urone (2022), Hewitt (2024), Young and Freedman (2019) unless noted.

# Agenda

Previously

Quiz time 

**Previously**

Quiz time 🕒